



# Around-the-clock guidance for you and your precious delivery



Maven provides 24/7 virtual support for those sleepless nights, first smiles – and everything in between.

## Meet the digital support system for expectant and new parents

Maven is an app-based virtual clinic that provides you with pregnancy, postpartum and newborn support. It also gives you and your partner 24/7 access to a bundle of resources – all included in your health plan at \$0 added cost.

Maven is here to help – get the app for support with:

- Creating your birth plan
- Breastfeeding and bottle-feeding
- Navigating infant sleep
- Returning to work
- Managing your mental health



**Your Maven membership is included in your health plan**

Scan this code to download the app

# Join Maven, be part of a virtual community that cares

Here's what you can expect to find in the Maven Clinic app:



## A dedicated Care Advocate

They're available to answer your questions and help guide your Maven experience



## Virtual appointments and messaging

Connect by video or message with providers spanning over 35 specialties, from virtual doulas and lactation consultants to infant sleep coaches



## On-demand classes, groups and articles

Learn about a variety of topics covering all stages of pregnancy and postpartum, like childbirth education and infant CPR



## Start your Maven membership

Visit [mavenclinic.com/join/uhc-join](https://mavenclinic.com/join/uhc-join)

Maven and Maven Wallet are products of Maven Clinic Co. Maven is an independent company contracted to provide family-building support including care advocacy, virtual coaching, and education. Maven does not provide medical care and is not intended to replace your in-person health care providers. Use of the services is subject to terms of service and privacy policy. Maven® is a registered trademark of Maven Clinic Co. All rights reserved.

Administrative services provided by United HealthCare Services, Inc. or their affiliates.

B2C EI243405752.0 8/24 © 2024 United HealthCare Services, Inc. All Rights Reserved. 24-3399673



United  
Healthcare®

There for what matters™